

# GOOD NEWS~August 2017

## HUB CITY SENIOR CENTER

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### *It's Time for the Lincoln Highway Heritage Festival!*

The Lincoln Highway Heritage Festival will be held the weekend of August 18-20. There'll be carnival rides for the kids, a 50/50 raffle, food court, beer garden, Little Miss Peanut Contest, arts & crafts, pancakes in the park, a car show, live entertainment and so much more! Watch the Rochelle News-Leader for more details. Our **King & Queen Jim DeJaynes and Bethel Andrew** will be in the parade on Sunday, which kicks off at 1 p.m. They will be the ones in the beautiful horse-drawn carriage. Make sure you wave! I hope to see you all downtown. It will be a blast!

**Family Counseling Services**, whose main office is in Rockford, is now scheduling appointments in Rochelle thanks to a grant received from the Rochelle Area Community Foundation and United Way of Ogle County. More details are on page 2 of this newsletter.

Our **August Birthday Party** will be Wednesday, August 9. **Steve Morris**, the one-man band, will kick us off at 10 a.m. Dinner will include baked pork chops, baby red potatoes, broccoli, salad, rolls, apple crisp and cupcakes. Those celebrating their birthdays in August include the following: Judy Arjes, Pete Arne, Dorothy Atkinson, Georgia Bensen, Eileen Boudreau, Becky Brown, Ernie Chisamore, Mary Criddle, Carolyn Cryer, John Cryer, Jim Dale, Myron Davis, Jim DeJaynes, Suzanne Durand, Bob Farris, Evelyn Fell, Berneice Frey, Catherine Goelitz, Sue Haas, Mary Hacaga, Gary Harms, Karen Hartzell, Jo Henze, Loretta Holtman, Elsie Johnson, Helen King, Carmel Klein, Kathy Korth, Steve Korth, Don Lane, Nancy Larsen, Georgia Lipscomb, Gloria Montgomery, Betty Mowers, Wayne Osborne, Clyde Patterson, Marta Pineda, John Ramsey, Juana Ramos, Betty Sanders, James Slothower, James Spring, Al Stangeland, Sonja Swanson, Terry Sweeny, Donald Taylor, Jose Virto, Peggy Wagner, Maria Weatherly, Kenneth Yelich, Barbara Zes, and Swanetta Zuehl. Call to make your lunch reservation. We would love to have you join us!

**Biscuits & Gravy** will be served on Thursday, August 17 at 7 a.m. Carry outs are available. Call us for details: 815-562-5050.

Kelly from the **Sterling Hearing Aid Center** will be with us on Friday, August 18. Kelly can clean your hearing aids, assist you with batteries, give hearing tests, and much more. Call us to make your appointment.

**Friendship Quilters** continues to meet on Thursday afternoons from 12:30-3:00 p.m. Our group is open to everyone who enjoys quilting. You can bring projects you are working on as well as finished projects for show & tell. We are currently working on a quilt that we are planning to raffle. Stop in and see us.

Call us to schedule your appointment to see **Linda from the Rock River Center**. She will be at our senior center on August 2, 8, and 15.

Looking ahead to September, the **AARP Smart Driver's Course** will be held on Monday & Tuesday, September 18 & 19 from 9 a.m. – 1 p.m. Completion of this very informative class ensures discounts on your car insurance. Watch our September newsletter for more details.

As you can see by looking at our August Calendar we have so many activities going on at the Center each and every day. We have something for everyone! There are Mexican Train Dominoes on Mondays, Bingo on Tuesdays & Thursdays, Woodworking on Wednesdays, Euchre on Thursdays as well as other card games and Yahtzee each day of the week, a monthly Birthday Party and Movie Day. We have pool tables that are enjoyed Monday thru Friday, as well as our Friendship Quilting group that meets each Thursday afternoon. We also provide services designed just for you such as a podiatrist, hearing specialist, and a caseworker. Stop in and see us! Enjoy a cup of coffee and a cookie. It's on the house!

*Hope to see you soon!*

Your director & friend,

*Connie Dougherty*

## **AUGUST MOVIE DAY “THE SHACK”**

“The Shack” will be shown at the Hub City Senior Center on Friday, August 25 at 12:15. After suffering a family tragedy, Mack Phillips spirals into a deep depression causing him to question his innermost beliefs. Facing a crisis of faith, he receives a mysterious letter urging him to an abandoned shack deep in the Oregon wilderness. Despite his doubts, Mack journeys to the shack and encounters an enigmatic trio of strangers led by a woman named Papa. Through this meeting, Mack finds important truths that will transform his understanding of his tragedy and change his life forever. Based on the novel, "The Shack" written by William Paul Young. We will serve popcorn, soda, candy, and ice cream. There's no charge for Movie Day (or anything else, for that matter, at our senior center) and all are welcome. We'll save you a seat!



## **TUNE IN YOUR RADIO TO WRHL**

Listen to WRHL radio 1060 AM each morning at 6:45 a.m. to hear our menu and activities. Stay tuned for the local news with Jeff Leon at 7 a.m.

## **CALLING ALL POOL PLAYERS ~**

You are welcome to join us for a game of pool each day Monday thru Friday. We start playing right about 7 a.m. and play all morning long. We have a great group of guys, but they always have room for more. Come on down and join them.



## **JOIN THE WOODWORKERS**

Do you enjoy woodworking or have you thought about taking it up? Join Chelsey Hockersmith and Steve Dilling on Wednesday afternoons from 1-3 p.m. for an afternoon of woodworking and comradery. They can show you their masterpieces & maybe encourage you to take up a new hobby. A huge “THANK YOU” to Steve Dilling for making a frame for our beautiful cardinal puzzle. Stop in and see it. It's above our fireplace in the card/computer room.

## **BINGO IN AUGUST!**

Join us for BINGO every Tuesday & Thursday morning from 9-10 a.m. We have such a nice crowd. We serve donuts on Tuesdays and popcorn on Thursdays. You can bring the grandkids, too.

## **THANK YOU TO OUR VOLUNTEERS!!**

Thank you so very, very much to all our volunteers. We couldn't do it without you and YOU know who you are. You're the ones that set up for the Birthday Parties, clean up afterwards, set up and tear down tables, clear the tables, do the dishes, vacuum, call Bingo, bake, play music, help us with mailings, and COUNTLESS other things. If you want to be put on our list of volunteers, please call us. ***We need YOU!***

*Thank you!*

## **FLU SHOTS IN OCTOBER!**

Mark your calendars NOW! The Ogle County Health Department will be at the Hub City Senior Center on Monday, October 16 from 9-11:30 to administer flu and pneumonia vaccinations. We'll once again serve up our homemade pumpkin bars!



## **COUNSELING SERVICES FOR YOU**

Family Counseling Services is a nonprofit counseling agency that began services in 1877. They are now offering their services here in Rochelle. Professional counseling is offered by licensed therapists and can be arranged by calling 815-962-5585. Several insurances and Medicare are accepted as payment. A sliding fee scale which is subsidized by the grants is offered to ensure that those without insurance may still receive counseling.

Professional counseling is indicated when an individual is having significant difficulty in finding joy in life; is unable to get along with others; feels overwhelmed by responsibilities; has experienced traumas such as loss; or has other interpersonal relationships that are stressful and no longer produce meaning and fulfillment. In confidential sessions, therapists help those experiencing emotional distress identify actions they might take to alleviate their stress and the pain it brings.

## **BIRTHDAY PARTY SPONSORS**

Thank you so much to our July Birthday Party sponsors Paul & Barb Bearrows. Sponsoring our party in August is Lana Shcherbyuk. Sponsoring our music is Sylvia Madsen. While all our birthday parties in 2017 now have sponsors, we still need sponsors for our music in October and December. Call me if you are able to sponsor either of those months. Donation to sponsor the music is \$100.



## **Monthly Donations**

A special thank you to all our friends who continue to make monthly donations to the Hub City Senior Center: Paul Bearrows, Rebecca Bergen, Paul & Joanne Erickson, Pat Esterday, Darrell Fischer, Avis Hall, Dub Lambert, Jim & Karen Mecklenburg, Mitch Montgomery, Jim & Marnie Moorehead, Toni Perkins, Lisa Rainwater, John M. Roe, Margaret Smith, John & Sonja Swanson, Roger & Arline Thompson, Wanda Ussery, & Milka Ujcic. Thank you also to Toni Perkins for her donation towards our October Birthday Party in memory of her husband Les Perkins.

## **2017 Golden Opportunity Club**

Thank you to the following businesses for their support of the Hub City Senior Center:

Alder's Tire Service  
Anderson Plumbing & Heating  
American Legion Post #403  
Beauty Villa  
Berg-Johnson Electric  
BHMG – Lincoln Duncan  
Casey's General Store  
Dr. Michael Monfils  
Dr. Scott Wilson  
Edward Jones – Reg & Greg Folmar  
First National Bank  
First Presbyterian Church of Rochelle  
First State Bank  
Fischers, Inc.  
Friedrichs Eye Ltd.  
Mark Gillis Insurance  
Guild of Methodist Church of Rochelle  
Hayden Real Estate – Jeff Reif  
Hayden Real Estate – Spencer & Karen Hayden  
Holcomb State Bank  
MAC Industrial Services, Inc.

Master Graphics  
Northern Rehab Physical Therapy Specialists  
Petro Travel Plaza & Iron Skillet  
Petry Farms  
Prescott Brothers Ford  
Query Insurance  
R&D Do It Best Hardware  
Rochelle Chiropractic, Dr. Chad Piller  
Rochelle Community Hospital  
Rochelle Garden Club  
Rochelle Insurance Agency  
RV Storage  
Sterling Hearing Aid Center  
Steve's Complete Automotive  
T-Byrd Lanes  
VFW Post 3878  
Visiting Angels  
Zip's Auto Body, Inc.

## **WALKERS, WHEELCHAIRS, ETC.**

I want to remind everyone that we have walkers, canes, wheelchairs, bath seats, and other assistive devices available at no charge. We could use a couple more wheelchairs and walkers with seats.



## **TRANSPORTATION AVAILABLE**

If you are in need of local transportation, please call us:

**815-562-5050**

If you need a ride out of town, call **Lee Ogle Transportation System**

**888-239-9228**

**or Rock River Center**

**800-541-5479.**

